



This page helps you find out more about the Taff Trail.

Useful information is set out under the following headings:

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Summary

A 55 mile waymarked route for walkers and cyclists from the market town of Brecon to Cardiff. The Trail links parts of the historic transport network to form a continuous route. In Cardiff it runs from the Bay waterfront along the Taff corridor to Tongwynlais.

Largely traffic-free, the 55 mile trail passes through a variety of landscapes. There are many sites of interest and industrial heritage either adjacent or close to it.

It is a very popular recreational facility within Cardiff as it is close to so many people. It also offers the opportunity for safe access to areas outside the city.

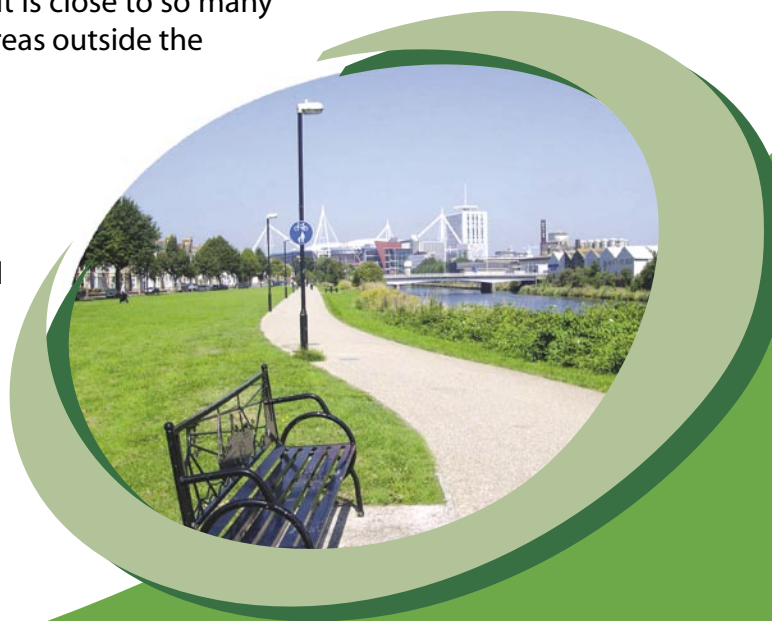
Features of Interest

History

The route in Cardiff takes in many features of historical interest. This includes the Norwegian Church, Pierhead Building and Mount Stuart Square in Cardiff Bay. The Taff Trail also goes past Cardiff Castle, Llandaff Cathedral and Castell Coch. There's also plenty of industrial archeological interest in the Forest Farm area.

Nature

The Taff Trail passes along the River Taff corridor through a network of green spaces rich in wildlife. The River Taff has been designated as a Site





Taff Trail cont...

Countryside on your doorstep

of Nature Conservation Importance because of its role as a major wildlife corridor. Each Autumn, Salmon and Sea Trout can be seen jumping up the weir below the footbridge at Blackweir.

Recreation

The Taff Trail is used by walkers and cyclists throughout the year. Parts are also suitable for horse riders. Cycles, including specially adapted ones from Pedalpower, can be hired from the caravan site in Pontcanna. The Taff Trail passes through a number of parks which have a variety of recreational facilities.

Public Art

'The Celtic Ring' can be found in Cardiff Bay at the start of the Trail. This sculpture has rich surface details referring to tidal charts, seafaring instruments and Cardiff Docks which make it an interactive sculpture. The trail also contains some striking waymarking posts at intervals along its route.

Facilities

The Trail passes through a number of towns and villages providing facilities for refreshments, accommodation and shopping.

Within Cardiff, numerous local centres are close to the route and there are so many facilities nearby. This is one of the reasons why the trail has been such a success.

Access

Within

In Cardiff, most of the Trail is well surfaced, level and off road, and suitable for all users.

There is a steep section north of Tongwynlais but an alternative route is available.

Getting There

By foot – The Taff Trail can be accessed at many points along its length. The start of the Trail is at the Roald Dahl Plass in Cardiff Bay.

By bus – Many bus routes connect with the Taff Trail at different points along its length. Details of bus routes can be found at www.cardiffbus.com





Taff Trail cont...

Countryside on your doorstep

By train – A number of railway stations are in close proximity to the Taff Trail. This includes Cardiff Bay, Cardiff Central, Danescourt, and Radyr. Details of train services can be found at www.networkrail.com

By car – There are a number of places to park along the length of the Taff Trail.

Nearby

The Taff Trail runs from Cardiff Bay to the city centre through to Radyr and into Rhondda Cynon Taff. Many different facilities can be found along its length.

The Taff Trail also provides easy access for a number of other open spaces:

Cardiff Bay Wetlands Reserve

Hamadryad Park

The Marl

Bute Park

Pontcanna Fields

Llandaff Fields

Forest Farm

Radyr Woods LNR

Glamorgan Canal LNR

Forest Fawr

What You Said

“Nice to cycle along and discover the countryside”

“Between Llandaff & Radyr - although just away from main roads it's serene and peaceful, and there is a terrific sunset over the river in places.”

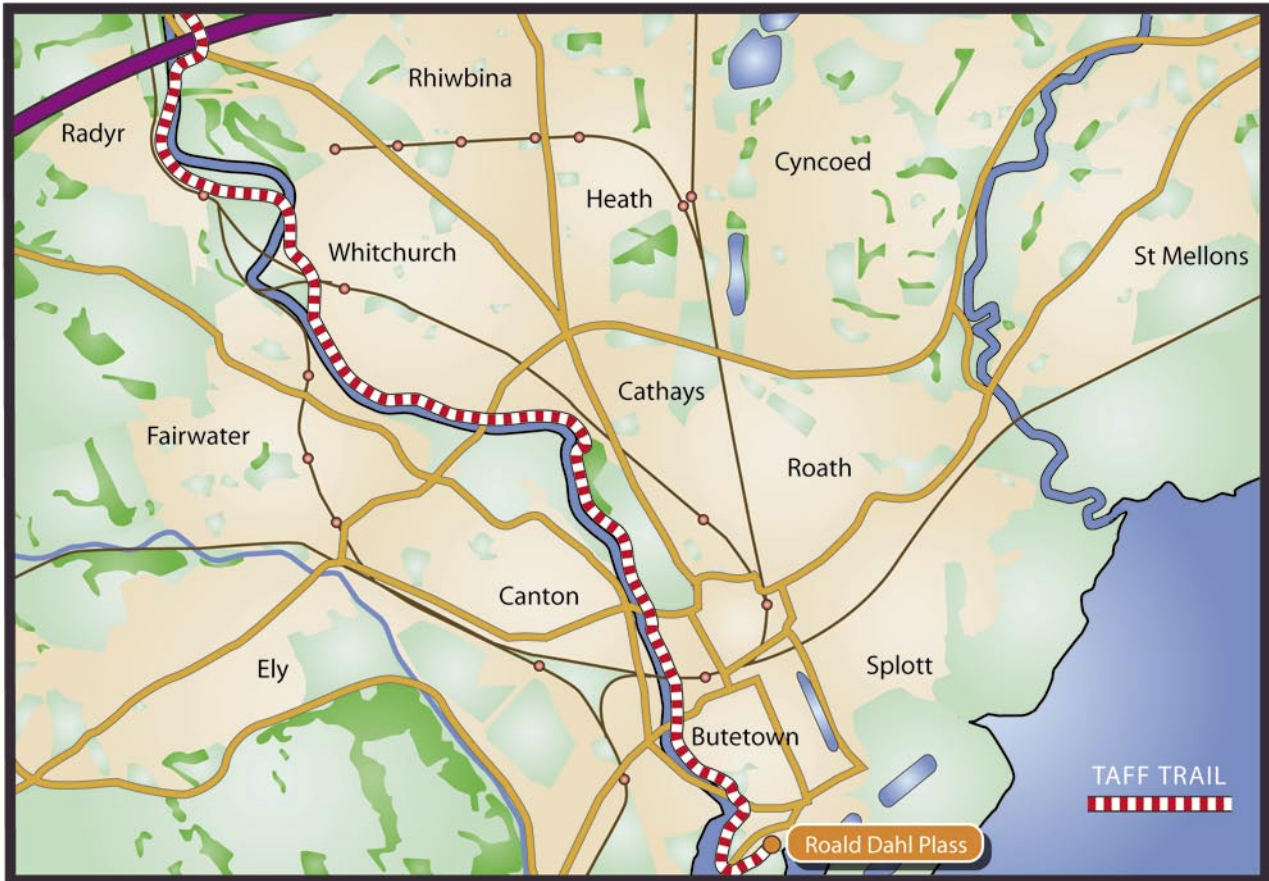
“An escape route from the bustle of the city centre”

“No better escape than to get on a bike after work and blast my way up the taff trail and after moments of being in our wonderful busy city I'm in the beautiful countryside.”





Taff Trail cont...



Information and Contacts

Many of the parks that the Taff Trail passes through are owned by Cardiff County Council and managed by the Parks Section. Further information about the Taff Trail can be obtained from the [Parks Website](#).

Parks Service
Cardiff County Council
Heath Park,
King George V Drive,
Cardiff. CF14 4EP

Tel: 02920 684000

Email: parks@cardiff.gov.uk

